Experienced Cambewarra guitar tutor offers

**Guitar Lessons**

Just right for kids wanting to learn the guitar!

The course will cover:
- Notes, positioning and tuning;
- Chords and Strumming Patterns;
- Learning your choice of favourite songs
- How to read Guitar Tablature.

Lessons cost $25 for Half an Hour.

**Beginner Guitars Available for Hire**

If you are interested, please contact me, Jesse Bourne, on:

Mob: 0423 965 209

Be Quick -
Spots for 2015 are filling fast!
2015 Registration Day for Berry Shoalhaven Heads Junior Rugby League Club.

22nd February 2015

At The Berry Bowling Club

11am – 1pm

Cost will be $110.00 per child which includes shorts, socks and a training shirt.

*We are hoping to get a girls tag team for 9 – 14 years of age.*

All new players must present an original birth certificate.

For more info please contact

PRESIDENT -Ted (0402 823 002)    REGISTRAR – Kathryn (0407 416 342)

Or email - berryshjuniorleague@gmail.com

Looking forward to seeing you all there.
BERRY NETBALL CLUB IS SEEKING PLAYERS FOR 2015

MODIES (TURNING 7,8,9 in 2015)
10'S (TURNING 10 in 2015)
JUNIORS (11-12 years)
INTERMEDIATES (13-15 years)
CADETS (16-17 years)
SENIORS (18 + years)

REGISTRATION: SATURDAY 7th FEBRUARY 2015 from 10.30-2.30
and WEDNESDAY 11th FEBRUARY 2015 from 3.30-4.30
at BERRY PUBLIC SCHOOL LIBRARY.

We play on Saturday Mornings (season runs March-August) at Kiama Netball Courts, in the Kiama Netball Association.
Training is once a week on a Thursday at the Berry Sporting Complex netball courts.

CONTACT: MICHAEL TAVENER 0417285789 or BELINDA HENRY 0411371086 or FIND US ON FACEBOOK.
VACANCIES AVAILABLE

The Central Shoalhaven Mobile Preschool is a Community Based not for profit organisation. We provide educational programs designed for preschool children aged between 3 - 5 years, by fully qualified staff in a caring environment. Allow your child to make new friends within the local area. **Subsidy available.**

We operate from Cambewarra School of Arts Hall, Main Road Cambewarra on Monday and Thursday of the school term.

**PRESCHOOL HOURS:** 9.00am - 3.00pm

**ADDITIONAL HOURS:** 8.00am - 9.00am

All enquiries please phone our office on 44230571/0432274244 or call in at our venue.
Shoalhaven United Football Club are pleased to announce their registrations days for the 2015 season. Registrations will again be held at Lyrebird Park over two weekends as follows:

**NEW ONLINE REGISTRATION PROCESS FOR 2015**

The Club is moving over to an online registration process for 2015, these rego days have been established to assist new players to the Club and anyone that has questions about the online process. We will still have a manual registration process available but only likely to be used on a case by case basis. Most families will be encouraged to use the online registration process.  

**PLEASE VIEW OUR WEBSITE: SHOALHAVEN UNITED F.C LINKED WITH THE SPORTING PULSE TO BEGIN YOUR REGISTRATION PROCESS.**

**1st Weekend**  
Friday 13th February 2015 - 4pm to 6pm  
Saturday 14th February 2015 - 10am to 12pm

**2nd Weekend**  
Friday 20th February 2015 - 4pm to 6pm  
Saturday 21st February 2015 10am to 6pm

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North Nowra Bomaderry Netball Club will be holding its registration days on SATURDAY 31st January and SATURDAY 7th February from 9am-12pm at the SNA courts on John Purcell Way, Nowra. Please direct all enquiries to northnowranc@shoalhavennetball.net.au or contact Helen on 0404876383.
SAINTS NETBALL REGISTRATION

Saturday, 14th February from 9:00am to 12:00 at
Shoalhaven Netball Association Clubhouse, South Nowra

or

Thursday, 12th February from 3:00pm to 5:00pm at
St Michael's Primary School, Nowra

Registration and uniform forms are available on our Facebook Page which can be found at [https://www.facebook.com/groups/saintsshoalhaven/?fref=ts](https://www.facebook.com/groups/saintsshoalhaven/?fref=ts).

If you have any question please contact Neil on 0425 203 360.

Illaroo Football (Soccer) Club registration dates are as follows -
Fri 13th Feb 4 - 6 pm
Sat 14th Feb 10 - 12 am
Fri 20th Feb 4 - 6 pm
Sat 21st Feb 10 - 12 pm
Registration is also available on line as well.
Bomaderry Junior Rugby League Football Club
Registration Day 2015
Will be held on Tuesday 24th & Wednesday 25th
February 2015 at the Bomaderry Sporting Complex
3.30pm – 5.00pm.
The club will be entering teams from the Under 6's -
Under 17's and also the newly formed Girl's League
Tag Teams 9 – 14 years of age.
Register on line now Go
to http://swampies.leaguenet.com.au
Shorts, Socks and Training Shirt/ Singlet are
included in Fees. For more information contact the
President Steve on 0403591014.

Bomaderry Soccer Club Registration Dates
At Thurgate Oval, Bomaderry
Friday 13th February 4:00pm – 5:30pm
Saturday 14th February 11:00am – 1:00pm
Friday 27th February 4:00pm – 5:30pm
Saturday 28th February 11:00am – 1:00pm
For more information visit www.bomaderryfc.com
In July our exchange student, Toon, joined our family. And when I say joined he literally did that. He has become my teenage son. Our experience as a family has been amazing and unforgettable.

Toon is leaving this week and I feel like my son is grown up and leaving home. There is nothing negative that I can say about our time with Toon. Toon has been through all sorts of things with our family. Through good times, like the birth of our new daughter, and not so good times (but nothing bad).

I would like to say my respects to Toon’s parents. They have done a wonderful job raising such a courteous, well mannered, well balanced son. We have so many fantastic stories from this exchange experience. We have enjoyed it so much that we are hosting again next July. We will have a friend for life and will never forget Toon.

Thank you WEP for the chance to meet Toon. It wouldn’t have been possible without the WEP team. Only a quick few words to show my appreciation in meeting Toon and to WEP.

Enrich your home with a curious exchange student in July 2015

Request student profiles now to find out more!

www.wep.org.au  1300 884 733  info@wep.org.au
AST SURF SCHOOL PRESENTS

SURF GROMS 5-12 YRS
SURFING AUSTRALIA ACCREDITED WATER SAFETY AND SURFING PROGRAM

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WHY NOT JOIN US!
NORTH NOWRA GUMNUT GUIDES NOW TAKING ENROLMENTS
GIRLS AGED 5½ – 6YRS
FOR MORE INFORMATION PLEASE CALL WOMBAT (JULIE) ON 4448 6348
NOWRA QUEER STRAIGHT ALLIANCE

MEMBERS WANTED

If you:
• enjoy food, fun, new people, gaining skills + experience
• are aged 16-25yrs
• want to plan local events that celebrate LGBTI young people

We want you to join us!
For more info contact headspace on 4421 5388, fill out an ‘interest form’ at the headspace Nowra website— or look us up on Facebook!

YOU WILL GAIN:

EXPERIENCE & TRAINING
media skills
event planning
stuff for your resume
professional references
Leadership skills
professional meetings

FUN STUFF
plan and run events
talk about LGBTI issues
make friends
eat food
make a difference
casual, social, fun
SHOALHAVEN YOUTH REFERENCE GROUP

Volunteers wanted
A fun way to have a say and help other young people in the region

If you’re 16-25yo and passionate about young people apply online at the headspace Nowra website (google ‘headspace Nowra’ and follow the links). We’ll get in touch with you. Applications open now. Meetings fortnightly. Events monthly. Awesomeness constantly.

YOU WILL GAIN:
QUALIFICATIONS & TRAINING:
media skills
Mental Health First Aid
dealing with the public
youth health promotion
stuff for your resume
professional references

EXPERIENCE:
event planning
professional meetings
leadership
media performance
film making
social media
public speaking

FUN STUFF:
plan and run events
talk about youth issues
make friends
eat lots of food
make a difference
casual, social, fun

FOR PICS AND VIDEOS OF SYRG ACTIVITIES
FIND HEADSPACE NOWRA ON FACEBOOK

Shoalhaven youth SYRG reference group

headspace Nowra
COME AND JOIN OUR FUN

Community walking and running event,
5 weeks, 5kms each week

Each Tuesday, starting 3rd March to 31st March 2015
at PARINGA PARK Scenic Drive Nowra

Registrations from 4.45pm or pre-register before the event at www.trybooking.com/GNJD

Start time 5.15pm
late starters welcome until 5:45

Be sun smart, wear a hat, sunscreen and covered shoes. Please bring your water bottle, water stations will be provided.

This event is a great opportunity for individuals, families, workplace teams to take up the fitness challenge!

FREE EVENT

For UPDATES and more information contact
Sally at Healthy Cities Illawarra -:
sally@healthyillawarra.org.au and visit
healthyillawarra.org.au or facebook.com/healthycitiesillawarra
Now Enrolling 2015
Come and join our extremely friendly and successful studio for fun, fitness, friendship, achievement and more.

Your Talent Team
Rising Stars

Please email yourtalentteam@outlook.com

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shoalhavenphysiedanceschool@hotmail.com
0410 605 249

Do you want to be a cheerleader?
Shoalhaven Cheer Academy
shoalhavencheeracademy@outlook.com
0410 605 249 LIKE US ON FACEBOOK
Nowra Warriors Junior Rugby League Registration

Saturday 7th, 21st & 28th February 2015
Lyrebird Park NOWRA 1-3.30pm
Re-register: nowrawarriorsjrl.sportingpulse.net
International Women's Day

Women's Wellness Festival

20th March 2015
Lady Denman Museum Complex Huskisson
Festival Starts 1pm.
Performances from 4.30 pm.
Music Celebration Night from 5.30 pm.

Workshops & Performances
Information & Market Stalls
Food, Giveaways and more!!!!

For more information please contact
shoalhavenwwf@gmail.com
4421 0730
www.syo-shoalhaven.net.au

Shoalhaven Youth Orchestra Inc

Call 0435 584 220 or email syorchestra@pmp.com.au

Choir for 7-11 year olds
Nowra School of Arts

School Children's classes for Kindergarten 1 and Twinning In

Pre-school Classes for babies, toddlers & 4-5 year olds

Tuning In Music Classes