School Lunch Box Project – 8 weeks

Dear Year 2 Parents,

For a long time now so many parents have told us that they wished they knew how they could get their children to **eat more fruit and vegetables**, particularly in the school lunch box. Fortunately we have been able to make some plans to address this issue not just in our school but across all schools in Australia and most probably in all Western countries.

This term all **Year 2 students** will be involved in the School Lunch Box project focusing on getting more fruit and veg into the daily school lunch each day.

The project **begins on Monday 5 May** that being on Monday next week. The students will learn about nutrition, work in the vegetable patch, and collect data about their own habits regarding nutrition with particular emphasis on fruit and veg.

The students will also **prepare, cook and pack their lunch at school once each week**. The focus is to increase fresh fruit and veg easily into the lunch box. All lunch box ideas will be captured through basic filming, uploaded to YouTube and placed on the schools website with the recipe so all parents and students in the school have the same access to the project. There are many wonderfully planned activities the students will be undertaking over the **8 week lunch box project**.

The **parent information session held last night was attended by 8 parents**. Parents were able to hear about what we are planning and the way we will use photographs and filming to support the wider school community to access the demonstrations of students cooking. The recipes will be made available to all parents in the school.

We will need to gain parent permission to film the students along with **permission for students to use cooking utensils. Please complete the form attached by Monday 5 May**. Cooking lessons will be held in the COOSH kitchen. All aspects of making lunch will be supported by teachers and our local master chef Adam Guthrie. Students do not need to bring their lunch or second break food to school on the day they are making their lunch. Students will need to bring their water bottle to school as normal.

The cost of the Lunchbox Project is $3 per week or **$24 for the term per student**. Payment can be made either way.

Lastly I would like to make it clear that the filming of students does not compromise their safety. I certainly wouldn’t be supporting a project that made our students unsafe, vulnerable or compromised.

Mrs Hilliar, Principal

2 May 2014

Mr Hosler and Mr Haigh, Classroom Teachers